



ACCESS-FP PROGRAMMATIC FRAMEWORK: Postpartum Family Planning in an Integrated Context

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The ACCESS-FP Programmatic Framework illustrates the relationships between postpartum family planning, maternal health, newborn health and prevention of mother-to-child transmission through the first year postpartum.

The framework illustrates the relationships as they commonly exist in programs. Dotted lines indicate those services are more theoretical than actual.

In family planning, emphasis is placed on integrating family messages in antenatal care, then immediate postpartum family planning for long-acting and permanent methods as available, with the greatest emphasis on the six-week postpartum visit.

In maternal health, more emphasis is placed on skilled delivery care and the immediate postpartum period with some reference to the six-week postpartum check.

In neonatal and infant health, emphasis is placed on immediate and later postnatal care as well as the immunization schedule.

For women infected with HIV, there are special needs for counseling on exclusive breastfeeding and the effect of abrupt weaning on a woman's return to fertility.

The framework demonstrates the multiple opportunities to promote pregnancy spacing and to provide family planning information and services in the context of maternal and infant health services. These opportunities include antenatal care, early and extended postpartum visits, as well as immunization services and well child care.

