



Postpartum Family Planning: Building on What We've Learned

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Presentation outline

- Recent history of PFPF and USAID
- Why first year postpartum?
- Key opportunities for integration
- PFPF and FP
- Reproductive Intentions
- PFPF technical consultation

USAID and PPPF

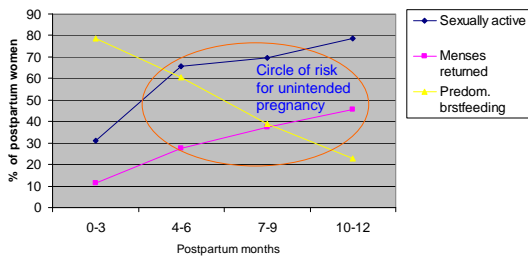
- Global Technical Brief
- ACCESS-FP Award
- FP-MNCH - a PRH Technical Priority



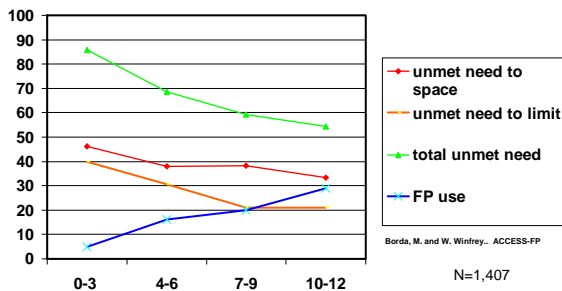
Why the first year postpartum?

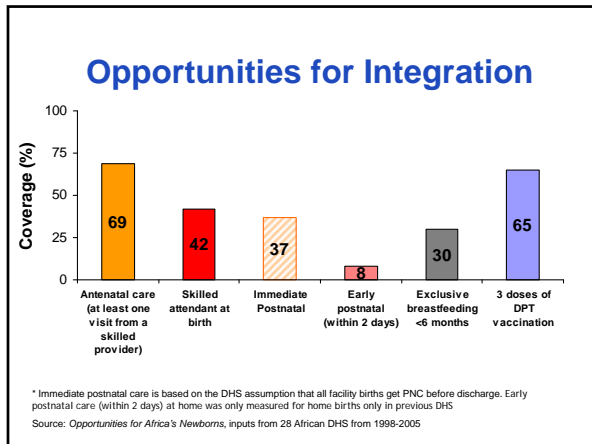
- Return to fertility varies
 - Breastfeeding patterns
 - Practices of abstinence
- Pregnancies in this first year are unintended.
- Pregnancies in this first year are high risk.
- High demand (~92-97%) and high unmet need (~60%) for FP in first year PP

Factors affecting return to fertility: Nigeria



Prospective unmet need across the postpartum period: Kenya





PPFP and FP

Through the first year postpartum

- Return to fertility- pregnancy risk
- Return to sexual activity
- Breastfeeding
- LAM and transition
- Method considerations- timing and breastfeeding status
 - Immediate PP IUD, sterilization
 - Hormonal contraceptives
- Integration- tailoring to fit with MNCH services

PPFP addresses all reproductive desires

For women who want another child, PPFP includes the importance of spacing the next pregnancy for the health of the mother and the child.

PPFP also includes information and services for women and couples who have reached their desired family size.

Photo Credit: Galina Stolarsky

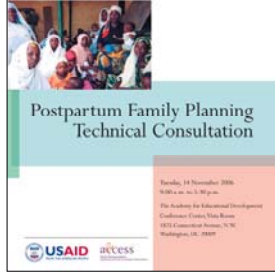
Postpartum Family Planning Technical Consultation, November 2006

- Over 40 MNCH / FP experts from 23 global health organizations

Areas for follow-up include:

- LAM and transition to modern methods
- Ensuring a method mix for spacing and limiting
- Service integration with MNCH
- Pre-service education
- Focused postpartum care
- Community-based PFP
- Advocacy for PFP

- PFP Community of Practice established on IBP site



This meeting

- Builds on technical consultation
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- Builds on FP/MNCH coordination meeting
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- Builds on FRONTIERS / ACCESS-FP meeting
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- Intended to encourage sharing of programmatic strategies in order to systematically advance the state-of-the-art and capture lessons learned

Thank you for participating and sharing your experiences!
